

# Waves

THE ITALIAN  
RESTAURANT

## Evening Grill Menu

### To start...

Chef's homemade soup of the day with warm, crusty bread (V) £5.50

Antipasto Misto for two - Today's selection of cured meats, olives and fresh Italian breads £12.95

Moules Mariniere - Classic mussels in a delicious garlic, white wine, herb and cream sauce served with warm bread for dunking £8.50 (or enjoy as a main for £13.50)

Arancini Zanato - risotto balls filled with onions, garlic, basil and parsley - deep fried and served on a spiced tomato sauce spread (VG) £6.95



Ask about our  
Vegan options!



### Enzo's grill...

Chicken Supreme burger marinated in Cajun spice served in a toasted brioche bun. £12.95

Chargrilled 8oz sirloin steak served with mushrooms cooked in a garlic butter £17.95

Grilled pork chop marinated in rosemary and garlic, served with apple and ginger chutney £12.95

*Served with a choice of chips, baby potatoes or jacket potato*

Grilled fillets of seabass and red mullet served with a white wine and prawn sauce £16.50

*Served with seasonal vegetables & baby potatoes*

Grilled swordfish steak served on a spiced coconut, chickpea and vegetable stew served with chips £13.50

See the board for  
daily specials!

01834 870085 [www.celtichaven.co.uk/waves](http://www.celtichaven.co.uk/waves)

Waves is open every lunch time and from 6pm every Monday, Tuesday, Thursday, Friday, and Saturday (We also open on Wednesday evenings during main school holidays)

### Pasta & Rice ...

Chef's mouth-watering British beef lasagne, homemade with mozzarella, cheddar & parmesan served with golden chips and salad garnish £12.95

Smoked haddock and prawn risotto with a white wine sauce £13.50

Mozzarella, basil and sundried tomato ravioli on a coconut, vegetable and chickpea curry sauce (V) £12.50

Penne pasta with Italian vegetables in a rich tomato sauce (VG) £10.50

Linguini served with minced pork cooked with onions, garlic, celery, white wine, fennel seeds, chilli flakes and cream £11.50

Penne testarossa - chargrilled strips of steak in a spiced tomato sauce £14.50

### Side orders...

Garlic Potatoes £3.00

Side Salad £3.00

Chips £3.00

Garlic Ciabatta £3.00

Fresh, seasonal vegetables £3.00

Basket of fresh bread £3.00

Creamy black pepper sauce £3.00

Bread and olives for two £5.95

### Desserts...

Let us tempt you with today's delicious dessert selection £6.00

#### Allergy Information

V = Vegetarian

VG = Vegan

Many dishes are gluten free or can be made gluten free on request

Please inform your server of any dietary requirements when